



WESTPORT YOUTH COMMISSION MENTOR PARENT TIP SHEET



It is recommended that parents speak to their kids about which apps they are using and review age restrictions, privacy settings and that geo-location settings are turned off to keep kids safe. It is difficult to keep up with the rapidly changing digital world that our kids live in. Here is a small, ever-changing excerpt of what may be popular today in middle school but please note that new sites come up often

Resources for Information On Internet Safety for Teens

<https://www.missingkids.org/netsmartz/resources>

There are some great parent guides for TikTok, Discord, Instagram and even Roblox here.

<https://www.common sense media.org/parents-ultimate-guides>

Google alerts can help inform parents of their child's **online digital footprint**. Set up an alert at: <http://www.google.com/alerts/>

Parental Control Links:

Devices

[iPhone/iPad](#)

[Google Play](#)

[Amazon/Kindle](#)

Social Media

[Instagram \(Tips For Parents Page\)](#)

[Snapchat](#)

[Facebook](#)

[Tik Tok](#)

Gaming

[X-box](#)

[Playstation](#)

[Nintendo](#)